

# TREE ADVENTURES RISK ACKNOWLEDGEMENT & DISCLAIMER

Participants aged 16 years or over

**THIS IS AN IMPORTANT DOCUMENT, READ IT CAREFULLY BEFORE SIGNING**

I, (full name) ....., wish to participate in the activities operated by Tree Adventures Ltd in Woodhill Forest on (date) ...../...../.....

**Please tick boxes**

- I am aged 16 years or over.
- I will undertake the activities in accordance with the 'Conditions of Park Entry' and with the 'Park Safety Rules' I have been given the opportunity to read, and covered in the safety briefing. **I will remain attached to the safety system at all times when accessing the courses.**
- I understand that there is a **risk of serious injury or death if I do not follow the 'Park Safety Rules'** while undertaking the activities, and accept that there is an inherent risk of minor injuries due to the nature of the activities and the environment.
- I acknowledge that Tree Adventures is not liable for **any direct or indirect loss, damage or injury** arising from or in connection with the activities, with the exception of death or injury caused by the negligence of Tree Adventures and its staff.
- I am responsible for the **Personal Protective Equipment (PPE)** issued and fitted by Park Staff and will return it in good condition. I will not share any item of PPE with anyone. I understand that I may be liable to pay any costs incurred due to intentional misuse or damage caused to the equipment.
- I confirm that I weigh **no more than 130kg**. If I weigh more than 100kg I accept that I am required to notify the park staff so they can verify my weight as additional safety equipment may be required.
- I understand that the activities are both **physically and psychologically demanding** in nature. I consider that I am physically and mentally capable of sustaining the level of exertion and stress resulting from participating in the activities.
- I confirm that to the best of my knowledge I do not have any **medical conditions, disabilities or special needs** that may affect my ability to participate safely or endanger the safety of others.
- To the best of my knowledge I am **not pregnant**.
- I understand that I may not participate in the activities if under the influence of any drugs or alcohol. Any persons found under such influences will be denied access to the courses.
- I acknowledge that **Tree Adventures will take all reasonable and practicable steps to keep me safe while I am involved in the activities. However, I accept full responsibility for my own actions or inaction.**
- I understand that **immediately after completing the safety briefing** I may choose to 'opt out' and request a partial refund if I am not comfortable managing my personal safety while undertaking the activities.
- I have read, understood and accept all of the terms in this risk acknowledgement and disclaimer.

**SIGNATURE:** .....

## EMERGENCY CONTACT

**Name:** ..... **Phone:** .....