



IT'S PARTY TIME

DEAR: *LET'S REACH FOR NEW HEIGHTS TOGETHER AT TREE ADVENTURES!*

FROM:

DATE: **TIME:**

RSVP:

BOUNDARY ROAD, WOODHILL FOREST, AUCKLAND

WHAT TO BRING



WEAR CLOTHING SUITABLE FOR EXERCISE OUTDOORS

Long hair must be tied back and a waterproof jacket is recommended when rain is forecast.



CLOSED FOOTWEAR MUST BE WORN

No jandals, sandals or slip off shoes are allowed.



BRING PLENTY TO EAT AND DRINK

The activities are physically demanding and breaks are advised to reduce fatigue.